



LOVE AND OTHER FOUR LETTER WORDS.

Use the Help You Have

If you are struggling with your relationship, help for you and your loved one (or once-loved one) is just a phone call or click away. Relationship counseling, advice for going through divorce; you can get another four-letter word, HELP, here.

Reach for the help you have. Your *first* aid for any problem.



For more information, call
Sand Creek EAP at **1-888-243-5744**
or go to www.sandcreekeap.com



PO Box 124
Minneapolis, MN 55440-0124

FOR YOU AND YOURS.

Your EAP offers a long list of services for you and your eligible family members.

Services include these and more:

- Mental Health
- Depression
- Suicide
- Teen Issues
- Relationship Counseling
- Tobacco Cessation
- Drug/Alcohol Abuse
- Financial Advice
- Legal Concerns

For more information on the support available, call **1-888-243-5744** or go to **www.sandcreekeap.com**

