

Kick Butt!

You have access to BCBS' enhanced tobacco cessation program. This includes Quit Coaches who can help you develop a plan to stop using tobacco products. Quit Coaches can also help you determine if an over-the-counter quit aid, such as nicotine patches, gum, or lozenges would be helpful, and can have the quit aids sent to you at no cost.

The Fund will reimburse prescription tobacco cessation products subject to the criteria outlined in the Funds Summary Plan Description/Plan Document.

For more information, visit mybluelinktpamn.com/ Member/StopSmokingSupport or call 651-662-2583

