



## Oh Baby!

We have a maternity management program to support eligible\* pregnant participants. BCBS' Healthy Start program focuses specifically on high-risk pregnancies, but offers resources for any pregnant participants.

1. If you are interested in this program, take the healthy pregnancy assessment at [myhealthystart.org](http://myhealthystart.org).
2. If you enroll in the Healthy Start program you will receive a prenatal support guide. If you stay enrolled through delivery, you will receive a \$50 gift card.
3. If you or your dependent are in the first or second trimester, please call BCBS' Healthy Start program at 651-662-1818.

\* For Retired and Disabled Laborers or their spouses, the Fund will cover services related to pregnancy, at normal plan benefits, **only if the Retired or Disabled Laborer or spouse participates in the Plan's maternity management program**. Maternity services for the dependent child of a Retired or Disabled Laborer are not covered under the Plan.

For more information, visit [myhealthystart.org](http://myhealthystart.org)