



# Make Contact

**FOR CLAIMS AND ELIGIBILITY**

Zenith American Solutions  
651-256-1800  
[www.Zenithmn@zenith-american.com](mailto:www.Zenithmn@zenith-american.com)

**TO GET IN TOUCH WITH  
CASE MANAGEMENT**

BCBSMN  
1-800-961-4758

**TO TALK WITH AN EMPLOYEE  
ASSISTANCE COUNSELOR**

Sandcreek EAP  
1-888-243-5344  
[www.sandcreekeap.com](http://www.sandcreekeap.com)

**TO LOCATE AN IN-NETWORK  
MEDICAL PROVIDER**

BCBSMN  
1-800-810-2583  
[www.bluecrossmn.com](http://www.bluecrossmn.com)

**TO LOCATE AN ELIGIBLE FITNESS  
CENTER OR TO ENROLL**

Fitness Discount  
[www.bluelinktpamn.com/member/fitnessdiscount](http://www.bluelinktpamn.com/member/fitnessdiscount)

**TO TALK WITH A HEALTHY START  
PROGRAM NURSE OR TO TAKE THE  
HEALTHY PREGNANCY ASSESSMENT**

Maternity Management Program  
1-866-489-6948

**TO LOCATE A IN-NETWORK DENTAL  
PROVIDER**

Delta Dental  
[www.deltadentalmn.org](http://www.deltadentalmn.org)

**LABORERS WEBSITE**

[www.minnesotalaborers.org](http://www.minnesotalaborers.org)

**LOCAL 563**  
(612) 781-6933

**LOCAL 405**  
(507) 282-2349

**LOCAL 1091**  
(218) 728-5151

**LOCAL 1097**  
(218) 741-3638