



Kick Butt, Kick the Can!

A healthier union starts with you! With the support of the Minnesota Laborers Health & Welfare Fund and Sand Creek Workplace Wellness, this is the year to finally kick that tobacco habit.

- Meets you where you are on your path to quitting.
- Program considers all of your needs, not just tobacco use.
- Relapse prevention plan helps you stay quit.
- Work with your personal, confidential counselor.

For more information, visit www.MNLaborersHealth.org or call 651-662-2583



Sand Creek
WORKPLACE WELLNESS

MINNESOTA
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